



Ottawa Catholic School Board  
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## YOUR PENSION DURING YOUR PERIOD OF DISABILITY

It is very important for you to continue to accrue service in the Omers Pension Plan during your period of disability.

The Omers Pension Plan will be contacting you directly for you to apply for an Omers Disability waiver of Contributions effective the 1<sup>st</sup> of the 5<sup>th</sup> month following your disability. An Omers Disability Waiver of Contributions would ensure that you continue to receive free service in the Omers Pension Plan during your period of disability.

The Omers Pension Plan will be requesting medical information for you to apply for your Omers Disability Waiver of Contributions.

**In order to save time and money**, please keep a copy of your Great West Life Attending Physician's statement as this medical document can be used by Omers as your Medical Report.

Regards

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